KUYANA AMAZON LODGE PACKAGES

Select from our all-inclusive packages and enjoy an incredible experience !! All our tours have guides and first class equipment that are recognized for their high quality and experience !!!











Our rates include essentials that will ensure you have a restful experience and get the the most out of your time with us.

INCLUDES:
Accommodation
Welcome native drink
Meals (starting with dinner on the day of arrival until breakfast on the day of departure)
Scheduled excursions according to the itinerary with a certified naturalist Spanish native guide
Full use of all facilities
Unlimited filter water, coffee and tea
High Speed WiFi Internet
Daily Housekeeping
Rubber boots up to size 12 (UK) / 14 (US – men)

Not Included:
The rate does not included Taxes (12% TAX)
Transfers From Quito to Kuyana Lodge
Alcoholic and non-alcoholic beverages
Personal expenses and tips.
Spa treatments
Other services not specified in the program.









Check in time 3h00 pm
Check out time 11h00 am

If you would like to request an early check-in or late check-out, please notify us in advance. These requests are subject to availability and cannot be guaranteed.





Guest Information:

Important items to bring for a more pleasant stay:

- Original passport or certificate (required for check-in)
- Quick-drying clothes (shirts and shorts; for mornings and evenings, light-colored long-sleeved clothing in quick-drying materials is preferred). Avoid jeans as the weather is hot, humid, and wet.
- Swimwear
- Comfortable shoes: Sneakers for walking, sandals/flip-flops/crocs for relaxation.
- Hiking socks: One pair for each day in the rainforest.
- Light windbreaker, sweater, or fleece jacket: It can get cool in the evenings.
- Brimmed hats: Suitable for both sun and rain.
- Sunglasses
- Insect repellent: Essential for rainforest activities.
- Sunscreen: Protect yourself from the sun.
- Linters (e.g., travel-size toiletries and hygiene items)
- Binoculars (optional, for wildlife watching)
- Personal medications: Please bring any personal medications or prescriptions you may need.
- Rubber boots (if you require special or unusual sizes; otherwise, we provide standard sizes).

Additionally, you may want to bring a camera and rechargeable batteries for capturing the beauty of the rainforest, as well as a waterproof bag for electronics.



KUYANA WELLNESS - JUNGLE RETREAT
3 DAYS AND 2 NIGHTS

DAY 1

Your adventure has begun! Upon check-in at the hotel, you will be warmly welcomed with a refreshing local beverage. Prepare for a brief introductory talk where we will provide you with all the details about your stay and activities. Explore Kuyana Island and the Guitarracocha Trail: Embark on a profound journey to Kuyana Island and traverse the mystical Guitarracocha Trail. This adventure begins with a meaningful offering to the river, a gesture that honors the ancient spirits of the Amazon and seeks their blessing for a harmonious experience. The trail's name is inspired by a legend that speaks of the enchanting sounds of guitars echoing by the water at night, adding a touch of magic to your exploration.

As you walk along the Guitarracocha Trail, allow yourself to be fully present in the serene beauty of the surroundings. Feel the energy of the land, listen to the whispers of the forest, and immerse yourself in the timeless stories held within the trees and waters. Here, you can enjoy a refreshing swim in the crystal-clear waters, feeling the gentle embrace of nature as it cleanses and revitalizes your spirit. Continue your exploration by visiting the island's viewpoint, where you will be rewarded with majestic vistas of the Hollin River. This river, celebrated as one of the cleanest in the Amazon, flows gracefully through the landscape, symbolizing purity and life. As you stand at the viewpoint, take a moment to reflect on the interconnectedness of all things and the profound beauty of the natural world. This tour, with a moderate difficulty rating of 2.5 out of 5, typically lasts around 1.5 hours.

Evening: Indulge in a mouthwatering dinner, crafted from a fusion of the freshest local ingredients.

DAY 2

Rise early Begin your day early to witness the awe-inspiring beauty of Amazonian birdlife in their natural habitat. Following this magical start, enjoy a soothing yoga session designed to align your body and mind with the peaceful surroundings. Under the guidance of an experienced instructor, you'll engage in gentle stretches and poses suitable for all levels, helping to release tension and promote well-being. After yoga, participate in a guided meditation focused on relieving stress and fostering inner calm. This mindfulness practice encourages you to be present and fully absorb the serene environment.

Meals: Enjoy a delicious breakfast, lunch, and dinner, all prepared with a fusion of the freshest local ingredients.

KUYANA lodge

Prepare for a guided walk to the sacred Ushpayacu waterfalls, a journey that promises to awaken your senses and connect you with the spirit of the Amazon. The Ushpayacu estuary is a natural wonder, a sacred network of water sources and springs that breathe life into the land.

As you traverse the lush jungle surroundings, you'll be captivated by the breathtaking views of the waterfalls cascading down the landscape. Each waterfall is a testament to nature's power and grace, inviting you to pause and reflect on the beauty and serenity that surrounds you. Keep your senses



attuned to the symphony of life that thrives here, as a diverse range of birds, insects, and animal species reveal themselves in their natural habitat.

This journey is more than a physical adventure; it's a spiritual pilgrimage rated at a moderate difficulty level of 3.0 out of 5 points and typically lasting around 3 hours. It invites you to walk in harmony with nature, to feel the sacred energy of the land, and to embrace the lessons it offers.

As night falls, the adventure continues with a guided night walk and campfire. Under the canopy of stars, you'll discover the rich nocturnal ecosystem of the region. Learn about the fascinating and mysterious nocturnal species that inhabit the forest, and feel the pulse of life that awakens with the moonlight.

Cooking class: Our traditional cooking class offers a unique and immersive culinary journey, inviting you to create and savor a variety of delicious local dishes, including the exquisite maito and the traditional chontacuro. Guided by a native chef, you will learn about the rich cultural significance and traditional preparation methods of these Amazonian delicacies.

As you engage in this hands-on experience, you will not only enhance your cooking skills but also gain a deeper appreciation for the heritage and traditions that these recipes embody. The process of preparing these dishes will connect you with the rhythms and cycles of nature, fostering a sense of mindfulness and presence.To culminate the day, prepare yourself for a profoundly spiritual experience: the visit of a healer from the nearest community. This wise healer will share with you their vast ancestral knowledge, passed down through generations, and guide you through a spiritual cleansing ritual.

In the stillness of the Amazonian night, the healer will use sacred plants, chants, and prayers to purify your soul and renew your energy. This healing ritual presents a unique opportunity to connect with the natural and spiritual forces of the jungle, freeing you from emotional and energetic burdens.

Allow the healing power of ancestral wisdom to penetrate deep within your being, bringing forth peace, balance, and a profound sense of renewal. This encounter will not only facilitate healing but also foster an understanding and respect for the rich spiritual traditions thriving in the heart of the Amazon.

DAY 3

Your last day in the jungle has arrived! Wake up to the melodies of the birds and start your day with a delicious breakfast prepared with a fusion of fresh, locally-sourced ingredients. While you're here, why not take part in our Hollín River reforestation project? Join us in planting a tree and contribute to the preservation and restoration of this precious ecosystem.

Visit to essential oil project: On this hike, you will have the opportunity to explore a fascinating project focused on the extraction of natural essential oils from Amazonian plants, used both in medicine and romatherapy. This project will allow you to closely learn about the techniques and processes through which these valuable oils are obtained, as well as the properties and benefits they provide for health and well-being.

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KUYANA WELLNESS - JUNGLE RETREAT

4 DAYS AND 3 NIGHTS

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As you walk along the Guitarracocha Trail, allow yourself to be fully present in the serene beauty of the surroundings. Feel the energy of the land, listen to the whispers of the forest, and immerse yourself in the timeless stories held within the trees and waters. Your journey will take you to Kuyana Island, a place of tranquility and natural splendor. Here, you can enjoy a refreshing swim in the crystal-clear waters, feeling the gentle embrace of nature as it cleanses and revitalizes your spirit.

Continue your exploration by visiting the island's viewpoint, where you will be rewarded with majestic vistas of the Hollin River. This river, celebrated as one of the cleanest in the Amazon, flows gracefully through the landscape, symbolizing purity and life. As you stand at the viewpoint, take a moment to reflect on the interconnectedness of all things and the profound beauty of the natural world.

This tour, with a moderate difficulty rating of 2.5 out of 5, typically lasts around 1.5 hours.

Evening: Indulge in a mouthwatering dinner, crafted from a fusion of the freshest local ingredients. Each dish is prepared with care and intention, providing not just nourishment, but a deeper connection to the rich culinary traditions of the region. As you dine, reflect on the day's experiences and savor the flavors that symbolize the bounty of the Amazon.

DAY 2

Rise early Begin your day early to witness the awe-inspiring beauty of Amazonian birdlife in their natural habitat.Following this magical start, enjoy a soothing yoga session designed to align your body and mind with the peaceful surroundings. Under the guidance of an experienced instructor, you'll engage in gentle stretches and poses suitable for all levels, helping to release tension and promote well-being. After yoga, participate in a guided meditation focused on relieving stress and fostering inner calm. This mindfulness practice encourages you to be present and fully absorb the serene environment.

Meals: Enjoy a delicious breakfast with natural detox juice, lunch, and dinner, all prepared with a fusion of the freshest local ingredients.

Visit to essential oil project: On this hike, you will have the opportunity to explore a fascinating project focused on the extraction of natural essential

KUYANA
lodge



oils from Amazonian plants, used both in medicine and aromatherapy. This project will allow you to closely learn about the techniques and processes through which these valuable oils are obtained, as well as the properties and benefits they provide for health and well-being.

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Allow the healing power of ancestral wisdom to penetrate deep within your being, bringing forth peace, balance, and a profound sense of renewal. This encounter will not only facilitate healing but also foster an understanding and respect for the rich spiritual traditions thriving in the heart of the Amazon.

DAY 3

Rise early Begin your day early to witness the awe-inspiring beauty of Amazonian birdlife in their natural habitat. As the sun rises, you'll be greeted by a symphony of melodious bird songs, creating an enchanting atmosphere that showcases the rich biodiversity of the Amazon.

Following this magical start, enjoy a soothing yoga session designed to align your body and mind with the peaceful surroundings. Under the guidance of an experienced instructor, you'll engage in gentle stretches and poses suitable for all levels, helping to release tension and promote well-being.

After yoga, participate in a guided meditation focused on relieving stress and fostering inner calm. This mindfulness practice encourages you to be present and fully absorb the serene environment.

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This unique experience nurtures your physical and mental health while deepening your connection with nature, offering a holistic approach to well-being that will stay with you long after your time in the Amazon.

Meals: Enjoy a delicious breakfast, lunch, and dinner, all prepared with a fusion of the freshest local ingredients.

Prepare for a guided walk to the sacred Ushpayacu waterfalls, a journey that promises to awaken your senses and connect you with the spirit of the Amazon. The Ushpayacu estuary is a natural wonder, a sacred network of water sources and springs that breathe life



into the land. As these pristine waters flow through Kuyana Amazon Lodge, they weave a path of tranquility and vitality, making the estuary a profound focal point for exploration and spiritual immersion.

As you traverse the lush jungle surroundings, you'll be captivated by the breathtaking views of the waterfalls cascading down the landscape. Each waterfall is a testament to nature's power and grace, inviting you to pause and reflect on the beauty and serenity that surrounds you. Keep your senses attuned to the symphony of life that thrives here, as a diverse range of birds, insects, and animal species reveal themselves in their natural habitat.

This journey is more than a physical adventure; it's a spiritual pilgrimage rated at a moderate difficulty level of 3.0 out of 5 points and typically lasting around 3 hours. It invites you to walk in harmony with nature, to feel the sacred energy of the land, and to embrace the lessons it offers.

As night falls, the adventure continues with a guided night walk and campfire. Under the canopy of stars, you'll discover the rich nocturnal ecosystem of the region. Learn about the fascinating and mysterious nocturnal species that inhabit the forest, and feel the pulse of life that awakens with the moonlight. The campfire will provide warmth and light, creating a sacred space for sharing stories, reflections, and a deeper connection with the natural world. Let this experience be a journey into the heart of the Amazon, where every step and every breath brings you closer to the soul of the rainforest. the area and immerse yourself in the wonders of the jungle after dark.

DAY 4

Your last day in the jungle has arrived! Wake up to the melodies of the birds and start your day with a delicious breakfast prepared with a fusion of fresh, locally-sourced ingredients. While you're here, why not take part in our Hollín River reforestation project? Join us in planting a tree and contribute to the preservation and restoration of this precious ecosystem.

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